

# Conference Programme

LEADING THE WAY: Nurses and midwives  
for a safe, healthy and peaceful world

The 4th Commonwealth Nurses and Midwives Conference

Royal College of Physicians, Regent's Park, London, UK  
Saturday 10 and Sunday 11 March 2018



Commonwealth Nurses  
and Midwives Federation



# Day 1. Saturday 10 March 2018

## Morning programme

08.00–09.00	Registration				
09.00–09.15	Welcome: Ms Ramziah Binti Ahmad, President, Commonwealth Nurses				
09.15–09.30	Welcome: Ms Janet Davies, CEO and General Secretary, Royal College of Nursing UK				
09.30–10.00	Keynote address				
10.00–10.30	106: Dr Franklin Shaffer (USA): Nursing workforce migration: regulation to ensure patient safety across borders				
10.30–11.00	Refreshment break and poster presentations				
	<b>LEADING THE WAY 1</b>	<b>LEADING THE WAY 2</b>	<b>LEADING THE WAY 3</b>	<b>LEADING THE WAY 4</b>	<b>LEADING THE WAY 5</b>
11.00–11.30	73: Dr Elizabeth Bernthal (UK) A sense of belonging and identity to enhance a nurses' resilience	75: Ms Melita Walker (UK) A national initiative to strengthen practice in perinatal mental health	102: Professor Mavis Mulaudzi and Dr Roinah Ngunyulu (South Africa) Toward affordable nutrition for women and children: innovative sustainable Indigenous Knowledge Systems	103: Ms Minnesha Yasmine (Australia) Contributing to the reduction of maternal mortality in Africa	61: Ms Christine Cummins (Australia) The challenges of caring: ethical dilemmas in mental health nursing
11.30–12.00	82: Ms Annette Garvey (UK) Walking the path to change	25: Dr Sonia Sunny (India) Management of menopausal problems in a primary health care setting	52: Mrs Angela Leonard (South Africa) Designing and conducting an observational study of childrens' nursing practice	78: Dr Sabina David (Namibia) An educational support program for adolescent mothers in Oshana Region Namibia	97: Ms Lora Pullicino (Malta) Guaranteeing asylum seekers' right to care: the role of midwives and nurses
12.00–12.30	89: Dr Joyce Hendricks (Australia) Research online: a discussion of how to use a purposeful built community	32: Mrs Finda Elizabeth Pessina (Sierra Leone) Scale up of Option B+ for PMTCT: the Sierra Leone experience	72: Ms Hossinatu Mary Kanu (Sierra Leone) Nurse led emergency triage, assessment and treatment for children in Sierra Leone	67: Ms Emma Kwegyir-Afful (Ghana) Lifting and pregnancy outcomes: feasibility of a randomised controlled trial in Ghana	99: Ms Dorcas Gwata (Zimbabwe) Improving mental health and inequalities in minority groups in London
12.30–13.00	51: Mrs Maria Dimitriadou (Cyprus) The prevalence and patterns of rationing care in an acute care setting in Cyprus	35: Miss Ruth Oshikanlu (UK) Promoting parental-foetal attachment for expectant parents who have had assisted conception	79: Mrs Ester Mulenga (Namibia) Empowering mothers and caregivers on feeding practices for children under five	104: Mrs Veronica Fransman-Hendricks (South Africa) Health professionals united in pursuing a positive practice environment for health facilities	86: Mr Joseph Nkwain (Cameroon) Disaster management
13.00–14.00	Lunch and poster presentations				

# Day 1. Saturday 10 March 2018

## Afternoon programme

14.00–14.30	18: Ms Annie Butler (Australia): Leading 'down under' for a safe, healthy and peaceful world				
14.30–15.00	49: Professor Charlotte McArdle (UK): Enabling professionalism in nursing and midwifery – a UK approach				
15.00–15.30	50: Major Chris Carter (UK): The use of simulation to develop military undergraduate student nurses				
15.30–16.00	Refreshment break and poster presentations				
	<b>LEADING THE WAY 1</b>	<b>LEADING THE WAY 2</b>	<b>LEADING THE WAY 3</b>	<b>LEADING THE WAY 4</b>	<b>LEADING THE WAY 5</b>
16.00–16.30	63: Dr Adelaide Ansah Ofei (Ghana) Stress and coping strategies among nurse managers at three hospitals, Eastern Region, Ghana	90: Ms Michaela Nuttal and Ms Patricia Hughes (UK) The Healthy Nursing Collaborative Workshop: Leading the way to healthier lives	2: Mrs Marie-Claire Pellegrini (Malta) Ethical issues surrounding the removal of a percutaneous endoscopic gastrostomy tube	19: Ms Sofia Ktisti (Cyprus) Examining the association between social support and self-care confidence	100: Professor Kathleen McCourt (UK) Reforming mental health legislation across the Commonwealth
16.30–17.00	60: Mrs Ranjini Nettasinghe (Sri Lanka) Psychosocial learning environments from nursing students' perspective	Helping nurses lead healthier lives and incorporate prevention into day-to-day practice	31: Miss Chathurika Nuwansala Hewa Uluwaduge (Sri Lanka) Patient factors affecting accuracy of fasting blood sugar in type 2 diabetes	Ms Joselyn Mukantwali (Rwanda) Indwelling urinary catheter use among patients undergoing surgery at one Rwandan referral hospital	5: Miss Patience AGYARE (Ghana) Understanding the effects of stigma of mental illness on patients and nurses
17.00–17.30	54: Mrs Rose Gallaher (UK) The contribution of procurement to a safe care environment		10: Mr Azharuddin bin Haji Ahmad (Brunei Darussalam) Implementing 'Melayu Islam Beraja' to improve neurosurgical and oral maxillofacial nursing care	34: Ms Yuko Leong (USA) BREATH – Learn from word game Nightingale invented for a safe environment	47: Dr Arlene Kent-Wilkinson (Canada) Destigmatising mental illness and addictions: the responsibility of nurses and nursing education
17.30–19.30	Reception				

## Day 2. Sunday 11 March 2018

### Morning programme

08.00–09.00	Registration				
09.00–09.30	8: Mr Francis Acquah (Australia): The provision of primary mental health care to young people in an adult maximum security prison				
09.30–10.00	64: Mr Zurab Elzarov (Sudan): Healing the wounds of war: reducing maternal mortality in Darfur				
10.00–10.30	Refreshment break and poster presentations				
	LEADING THE WAY 1	LEADING THE WAY 2	LEADING THE WAY 3	LEADING THE WAY 4	LEADING THE WAY 5
10.30–11.00	74: Dr Di Lamb (UK) A recipe for writing	91: Associate Professor Adella Campbell (Jamaica) Removal of charges for health services in the Jamaican public health system	83: Mrs Judith Mewburn (UK) Empowering operating theatre staff to deliver safe patient care	37: Dr Wadduwage Nilmini Priyanthi (Sri Lanka) Diabetic educator nursing officers' knowledge on teaching and learning processes	65: Dr Ndapeua Shifiona (Namibia) Experiences of individuals living with chronic mental illness in Northern Namibia
11.00–11.30	9: Ms Datin Paduka Suraya Binti Abdullah (Brunei Darussalam) Nursing and midwifery challenges and aspirations in Brunei Darussalam	56: Mr Dieudonne Kayiranga (Rwanda) Perceptions of adolescent parenting among high school students in Rwanda	87: Mrs Ruth Wooldridge (UK) The Palliative Care Toolkit – the importance of resources for community based care	27: Major Chris Carter (UK) An evaluation of student nurses completing an international elective in Zambia	39: Dr Arlene Kent-Wilkinson (Canada) Mental health and addiction education in undergraduate nursing curricula: a global necessity
11.30–12.00	88: Dr Nishan Silva (Sri Lanka) Perceptions of the health ethics concept of autonomy in Sri Lanka	101: Professor Mavis Mulaudzi and Dr Roinah Ngunyulu (South Africa) Female condom marketing strategies for health care workers in Tshwane District South Africa	44: Dr Shirley Sudath Warnakula Suriya (Sri Lanka) Factors affecting occupational low back pain among nurses in four hospitals in Colombo	21: Dr Marie Dietrich Leurer (Canada) Reflections and recommendations of previous study abroad by undergraduate nursing students	14: Mr Francis Acquah (Ghana) Providing sustainable mental health care in Ghana: the Mental Health Foundation of Ghana
12.00–12.30	80: Ms Tabitha Mallampati (Guyana) Nurses' perceptions on challenges and strategies of nursing education and practice	16: Miss Chathurika Nuwansala Hewa Uluwaduge (Sri Lanka) Knowledge, beliefs and practices regarding Pap smear tests among teachers in Sri Lanka	104: Mrs Veronica Fransman-Hendricks (South Africa) South African nurses contribute to a safe environment: Marilyn Lahana Caring Award	46: Mrs Margaret Rowe and Kirsty Marshall (UK) The nurse educator's role within the HSC agenda in Greater Manchester	70: Mrs Catherine Smith (UK) Burnout in mental health workers associated with age and length of service
12.30–13.30	Lunch and poster presentations				

## Day 2. Sunday 11 March 2018

### Afternoon programme

	LEADING THE WAY 1	LEADING THE WAY 2	LEADING THE WAY 3	LEADING THE WAY 4	LEADING THE WAY 5
13.30–14.00	68: Mrs Matilda Tshabalala (South Africa) Experiences of newly employed nurse educators at a nursing college in Gauteng	71: Mr Geoffrey Axiak (Malta) Good nutrition for persons suffering from dementia	69: Ms Lily Baah (Ghana) Patient customer care is a priority for a nurse	15: Mr Prashanth Nayak (India) Review of National Health Policy for the elderly: an alternative model of care	95: Dr Heather Moore (Australia) The shifting dynamics of nurse safety
14.00–14.30	62: Dr Adelaide Ansah Ofei (Ghana) Perception of staffing practices of nurse managers at the unit level	76: Miss Lyndsey Rickman (UK) Using multisensory therapy to promote wellbeing for people with dementia in hospital	84: Ms Tabitha Mallampati (Guyana) Lifestyle assessment of type 2 diabetics in Guyana and India	66: Ms Willamae Stuart (Bahamas) Who will care for me? Providing care in 'my home' for older people	58: Mrs Atswei Adzo Kwashie (Ghana) Supporting student nurses in the clinical learning environment
14.30–15.00	28: Mr Ahmed Abdul-Majeed (Ghana) A systematic review of the scope and reporting the quality of qualitative research in discrete choice experiments	96: Mrs Therese Saliba (Malta) Attitudes of health care professionals concerning the spirituality of patients suffering from dementia	48: Dr Wadduwage Nilmini Priyanthi (Sri Lanka) Impact of diabetes self-management education program	55: Professor Carina Elgan on behalf of Mrs Muditha Muthucumarana (Sri Lanka) Family caregivers' experience of providing informal care for stroke survivors	98: Mr Ekezie Raluke Oluchukwu (Nigeria) Home care nursing – leading health care innovation in Nigeria
15.00–15.30	42: Dr Lynn McDonald (Canada): Nurses after Nightingale – the next generation of nurses facing war and epidemics				
15.30–16.00	59: Dr Deva-Marie Beck (Canada): In Nightingale's footsteps: we are achievers of the UN Sustainable Development Goals				
16.00–16.30	Closing ceremony and refreshments				

## Poster presentations

92: Dr Eleanor Miller (Canada)

Assessing oncology patient education needs on a medical and radiation oncology unit

93: Dr Cheryll Adams (UK)

Addressing hidden vulnerability in society – national approaches supporting local action

94: Mrs Simone Shantell Clarke (Bahamas)

Registered nurses attitude towards seclusion room reduction within Sandilands Rehabilitation Center in the Bahamas

38: Ms Clare Davis (South Africa)

Six strategies to improve efficiency and effectiveness in a practice improvement project

45: Ms Clare Davis (South Africa)

Reducing child mortality through a tailored Postgraduate Diploma in Nursing

24: Ms Minnesha Yasmine (Australia)

Enhancing midwifery care and maternal and neonatal health in Africa

100: Professor Kathleen McCourt (UK)

Reforming mental health legislation across the Commonwealth