



# COMMONWEALTH NURSES AND MIDWIVES FEDERATION

eNews Vol.8 Issue 8 August 2015

## REGISTRATION NOW OPEN 3<sup>rd</sup> Commonwealth Nurses and Midwives Conference

London UK 12-13 March 2016

Commonwealth Nurses  
and Midwives Federation

**REGISTRATION  
OPEN**

3rd Commonwealth Nurses  
and Midwives Conference

Toward 2020:  
Celebrating nursing  
and midwifery leadership

12-13 March 2016  
London UK

[www.commonwealthnurses.org/conference2016/](http://www.commonwealthnurses.org/conference2016/)

The 3<sup>rd</sup> Commonwealth Nurses and Midwives Conference will be held in London UK 12-13 March 2016 at the Royal College of Physicians Regent's Park. The theme of the conference is: *Toward 2020: celebrating nursing and midwifery leadership*. The conference will showcase and celebrate the work of nursing and midwifery leaders who have followed in the footsteps of Florence Nightingale, the founder of modern nursing, the first nursing theorists, a great nursing leader and a role model for nurses and midwives everywhere.

Presentations will demonstrate leadership in:

- clinical practice;
- research and innovation;
- policies and projects;
- education and training;
- management and administration.

Register online at:

<http://www.commonwealthnurses.org/conference2016>

or email: [jill@commonwealthnurses.org](mailto:jill@commonwealthnurses.org).

## MATERNAL DEATH REVIEW PRACTICES AND PROCEDURES

A research team based at Robert Gordon University, Aberdeen, Scotland is carrying out a research project under the auspices of the World Health Organisation. The object is to identify best practice regarding maternal death surveillance and response, and maternal death reviews (MDSR/MDR) and to provide clear guidance on how MDSR/MDR policy and legislation may be implemented. An anonymous online survey is being conducted to assess the current level of awareness of MDSR/MDR and to determine contemporary practices. The findings will be written up in a report which will be published in due course. Readers of the e-News, particularly nurse and midwife readers are strongly encouraged to participate in the research by completing the survey at the link below.

<http://www.surveymonkey.com/r/MaternalDeathReviewSurvey>

## GLOBAL HANDWASHING DAY October 15



Global Handwashing Day is an annual global advocacy day dedicated to increasing awareness and understanding about the importance of handwashing with soap as an easy, effective, and affordable way to prevent diseases and save lives. Fun activities can be planned with families and children to raise awareness about the importance of hand hygiene. The first Global Handwashing Day was celebrated in 2008. For more information and ideas go to:

<http://globalhandwashing.org/resources/global-handwashing-day-social-media-toolkit/>; <http://globalhandwashing.org/>

## BECOME A CNMF MEMBER



Membership of the CNMF is open to national nursing associations; national midwifery associations; specialist nursing associations (such as mental health, critical care, paediatrics, operating theatre etc); regional and international nursing, midwifery and health associations; regulatory bodies, universities, and individuals. By becoming a member of the CNMF, you can support the work of the CNMF and become involved in that work. Members can promote their own work through the monthly e-News, the CNMF website or the extensive CNMF network. You can join online through the CNMF website: <http://www.commonwealthnurses.org/membership.html>.



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## MATERNAL HEALTH EDUCATION AND TRAINING IN LESOTHO

In July, the CNMF conducted two more maternal health education and training course this time in Lesotho. The updates were funded by The Burdett Trust and conducted in partnership with the Lesotho Ministry of Health and the Lesotho Nurses Association.



Twenty one nurses and midwives attended the first course with thirty one attending the second course. The course is a combination of presentations, group work, videos, self-reflection and practical exercises. The course covers woman centred care, antenatal care, intrapartum care, postpartum care, family planning, and care of the neonate.



The CNMF is planning to conduct four more courses as soon as possible: two in Malawi, and two in Tanzania. Ms Minnesha Yasmine, a nurse midwife from Australia, facilitated the courses with the support of nurse and midwifery educators in Lesotho.



## WATER AID



WaterAid is an international charity that transforms lives by improving access to safe water, hygiene and sanitation. WaterAid has an excellent website full of useful information. Go to: <http://www.wateraid.org/>

On 15 July, Samantha Cameroon, wife of the UK Prime Minister, hosted a reception at 10 Downing Street in support of WaterAid to draw attention to the more than 660 million people in the world without safe water and 2.3 billion without a decent toilet. Professor Kath McCourt, Vice President of the CNMF, attended the reception on behalf of the CNMF. Pictured is Professor McCourt with Dr Mark Porter, Chair of Council, British Medical Association.



WaterAid is interested in stories from nurses, midwives and other health practitioners about issues related to the lack of clean water and sanitation and the effects on practice and patient safety. They are also interested in stories of innovative responses and solutions to the lack of clean water and sanitation. Email your stories to [cnf@commonwealthnurses.org](mailto:cnf@commonwealthnurses.org) who will forward them to WaterAid.

## GROWING UP



'Growing up' is a new video from Medical Aid Films about the physical and emotional changes that take place during puberty. Free to download from: <http://medicalaidfilms.org/our-films/sexual-reproductive-health/?v=129781422>

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