







FOR NURSES AND MIDWIVES

# Writer's Workshop

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# **Agenda**

1. Deconstructing the Journal Article

2. Strategies for Effective Writing









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# Part 1: The Journal Article











# Many Parts Make Up the Whole

Overarching Initial Activities **Main Writing Tasks** Writing, Part II Introduction Methods **Discussion** Results Minutiae









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# **Overarching Initial Activities**

#### **Complete this sentence:**

"The purpose of this article is to . . . ."

#### **Be Clear about the Following:**

- What is the story you want to tell?
- What's the audience you want to reach?
- (what's the urgency?)

#### Once you have picked a journal:

- Identify template articles, if possible (and read)
- Get (and read) author's instructions
- Contact editor (or not)

#### If this is not a solo performance, complete these sentences:

```
"The authors of this article are . . . ."
```

"Author A will do X by (date) . . . ."

"The order of authors will be . . . ."













Overarching Initial Activities

**Main Writing Tasks** 

Introduction

Methods

Results

**Discussion** 

Writing, Part II

Minutiae







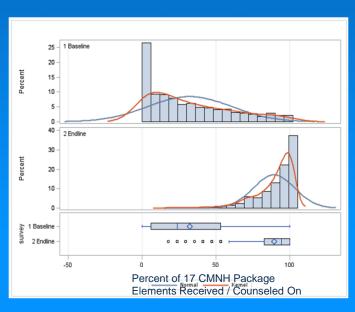




## Main Writing Tasks: Start with Results

#### This is the "What" of the story you are telling

- Tables and Figures (I start here; they're worth their weight in words)
- ✓ Descriptive
- ✓ Analytic
- Narrative
- ✓ Who & When?
- ✓ Main Findings (aim by aim)













# **Results: Points to Keep in Mind**

#### **Quantitative Studies**

- Descriptive materials
- Univariate analyses
- Multivariate analyses
- Qualitative Studies
- Descriptive materials
- Theme-by-theme explication
- ✓ With textual examples (avoid falling in love)

#### **Mixed Methods Studies**

- Varies by Quant-Qual or Qual-Quant
- Present dominant model first
- For each, present descriptive
- Then either analyses or themes
- Triangulate

**Avoid Table-Text Redundancy** 











Overarching Initial Activities

**Main Writing Tasks** 

Introduction

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Methods

Results

**Discussion** 

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# Introduction: Introduce the Results

# Name the Universe

**Identify the Known** 

**Identify the Unknown** 

Generally, just a few paragraphs

State the Purpose

Purpose matches findings











Overarching Initial Activities

**Main Writing Tasks** 

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**Methods** 

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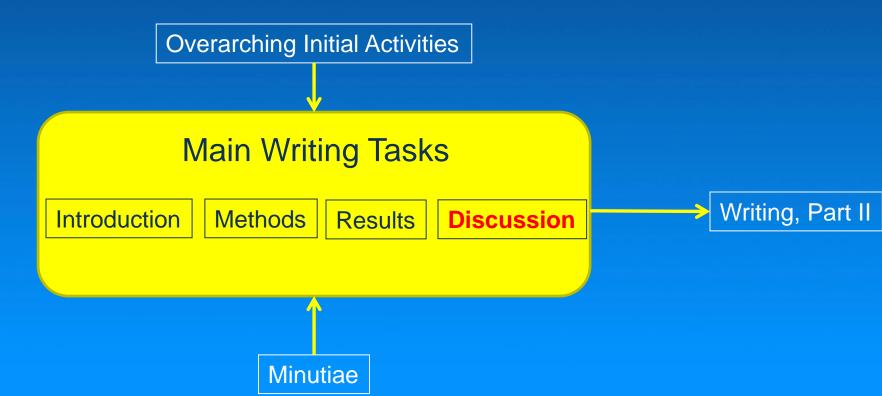


## Methods: Crossing "t's"; Dotting "I's"

- Design
- Conceptual/Theoretical Framework [Figure or Diagram]\*
- Sample/Recruitment
- Ethical Considerations
- Setting
- Procedures
- ✓ Intervention(s)
- ✓ Data-gathering
- Time frame
- Measures
- Analytic methods/statistical procedures
- Steps to assure reliability/trustworthiness















## **Discussion: What it all Means**

- Summarize Main Findings
- ✓ Found what you expected
- Found something unexpected
- ✓ Didn't find what you expected
- Place of the Findings in the Field
- ✓ What you've strengthened or confirmed
- ✓ What you're contradicting or challenging
- Where this leaves things
- ✓ Next steps; additional research; directions
- Strengths and Limitations









#### **Additional Sections – Journal-Dependent**

Summary or Conclusion

Clinical Implications

Implications for Nursing

Objectives





















## Minutiae – The Rest of the News

- Title
- Authors' information
- Abstract (format and limits)
- Citations (appropriately formatted)
- Acknowledgements (noting funding source)
- Submission format and method
- Cover letter, as appropriate











## **Revise and Resubmit**

The letter that starts "We cannot accept the current version, but invite revisions . . ." is GOOD NEWS

- Map out critiques and responses
- ✓ parcel out, with clear timeframes
- Prepare revised text
- Prepare resubmission letter (follow directions)
- Meet specified deadline









# **Final Steps**

**After Positive Publication Decision** 

Publisher's forms (all authors)

Review copy proofs (short timeframe)









# Rejection

Get out the second envelope

Reboot









# **Strategies for Effective Writing**

1. Strategies for writing journal articles

2. Quirks and idiosyncrasies

3. Writing team management issues











## A Non-Linear, Asynchronous Approach to Writing a Journal Article

- Start with what you actually have:
  - -- What results do you have?
  - -- Work the data
- Draft a purpose statement ("The purpose of this article is . . . ")
- Work back and forth: refine the analyses and the purpose statement
- Rework the data, as needed
- Memo yourself: notes on meanings and interesting points –
   ideas for another article or study
- Review what the field has said; refine the purpose and re-work the data, as needed
- Use outlines throughout the process









#### A Non-Linear Approach to Writing, Continued

- Write the Introduction only when the story is clear
- When enough IMRD pieces are done, set them in order and see what you've got:
- √ What's missing? (add)
- ✓ What's extraneous? (it's not your first-born; sacrifice it)
- Again: set the pieces in order.
- Edit for clarity, concision, completeness and word count











# Quirks and Idiosyncrasies











# Quirks and Idiosyncrasies

- Do what makes sense what works for you.
- Make the time
- Make writing appointments with yourself; schedule writing times
- Write at optimal times
- Write opportunistically
- Stop before the wall
- Manage as many writing projects as are comfortable
- Be Strategic
- Have "A," "B," and "C" lists of writing tasks or











## **Make the Time**

- Shut your office door
- Set and keep office hours
- Find teaching shortcuts
- Only slightly update last years slides and/or readings
- ➤ Recycle exercises, PBLs, lectures, talks
  But Do Not
- Sacrifice the balance in your life











## **Breaking Writing into Component Parts**

"A" List Writing Tasks (> 1 hour)

- •First 2-3 ¶ of Intro
- Results Narrative
- Discussion Summary
- Fit with the Field Discussion
- References
- Editing
- Revisions

"B" List Writing Tasks (30-45 minutes)

- Purpose Statement
- Methods Sections
- Strengths
- Limitations
- Abstract
- Tables & Figures
- Revision cover letter

"C" List Writing Tasks (<15 Minutes)

- Section Outlines
- Authors' bios
- Acknowledgements
- Cover Letter
- Teaching Points
- Objectives
- Quiz

Make your own lists and create your own process maps to fit your temperament











# Quirks and Idiosyncrasies

- Set intermediate and final deadlines
- Have a scorecard and keep track
- Use the tools you like (pencils, stickies, ink pen, iPad, yellow legal pad, 3 x 5s, white board, black board, sketch pad, desktop, quill)
- Write in the place you like
- Order your [desk, room, décor, lighting, ambient music, lap dog] in whatever ways allow you to invoke your writing muse









Sometimes the muse can be too fussy.



Write, already.

Eliminate Distractions.

Optimize Conditions.

But, please . . .



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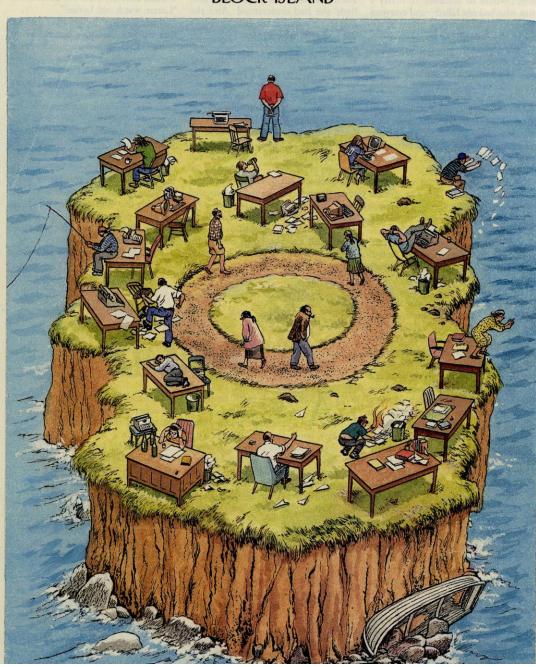








#### ARTIST'S NOTEBOOK · BY BRUCE MCCALL BLOCK ISLAND



# In the Event of Writer's Block:

- Pick any small task From the list
- Do it!
- Repeat
- Get over it









# **A Writing Team**

A. A marvelous writing strategy?

**B.** A boon for productivity?

C. A guarantee of conflict?

D. A sure way to lose friends?











# Make a Contract Up Front

- Roles (who is good at what?)
- Responsibilities (write; compute; design; edit; compile; submit; corresponding author)
- Timelines
- Consequences (warnings; performance improvement plan; graceful withdrawal/termination)
- Conflict Resolution Strategies (who decides; who adjudicates)







