

# Health for All

Nurses and Midwives meeting the challenge –  
showing the way

27 and 28 September 2024, Malta

## Programme

6th Commonwealth Nurses and Midwives Conference  
in partnership with the Malta Union of Midwives and Nurses



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27–28 September 2024  
InterContinental Hotel  
St Julian's, Malta

### Programme: Friday 27 September 2024

08:00 – 09:00	<b>CONFERENCE REGISTRATION</b>	
09:00 – 10:30	<b>Opening of Conference</b>	<ul style="list-style-type: none"> <li>Commonwealth Children's Choir</li> <li>Malta tenor and nurse: Alan Sciberras</li> </ul>
	<b>Conference Welcome</b>	<ul style="list-style-type: none"> <li>Professor Kathleen McCourt, President CNMF</li> <li>Dr Theresa Porrett, Vice Chair, RCN Council</li> <li>Dr Stavros Vryonidis, President CYNMA</li> <li>Mr Paul Pace, President MUMN</li> </ul>
	<b>Conference Greetings</b>	<ul style="list-style-type: none"> <li>The Hon Baroness Patricia Scotland, Secretary General of the Commonwealth</li> <li>Dr Anne Gallagher, Director General of the Commonwealth Foundation</li> <li>Dr Pamela Cipriano, President International Council of Nurses</li> <li>Dr Aristides Chorattas, President European Federation of Nurses Associations</li> </ul>
	<b>Official Opening of Conference</b>	The Hon Joe Etienne Abela Minister for Health and Active Ageing
10:30 – 11:00	<b>REFRESHMENT BREAK</b>	
<b>MORNING PROGRAMME (Friday 27 September 2024)</b>		
11:00 – 12:30	<b>SESSION 1 (Cettina de Cesare 1): Showing the way in caring for children and young adolescents</b>	
	Session 1.1	<b>Dr Oboshie ANIM-BOAMAH (17), Ghana</b> Pharmacological management of invasive procedural pain in children: facilitators and barriers
	Session 1.2	<b>Mrs Yuko LEONG (28), Japan / USA</b> Keeping the line open: mending adverse childhood experiences (ACEs)
	Session 1.3	<b>Ms Dorcas GWATA (83), UK</b> Working with young girls who are highly exposed to youth violence and gang culture, an innovative mental health approach
	<b>SESSION 2 (Cettina de Cesare 2): Showing the way in quality nursing and midwifery education</b>	
	Session 2.1	<b>Dr Elena PANAYIOTOU (32), Cyprus</b> Ethical dilemmas: nursing students' reflections on clinical practice
	Session 2.2	<b>Dr Adrienne GRECH (54) and Professor Maria CASSAR, Malta</b> Interprofessional ethical simulations in healthcare
	Session 2.3	<b>Dr Maria DIMITRIADOU (62), Cyprus</b> Undergraduate nursing students' perspective on patient safety and missed care
	<b>SESSION 3 (Cettina de Cesare 3): Showing the way in maternity care</b>	
	Session 3.1	<b>Mrs Emmanouela MANOLI (33), Cyprus</b> Evaluating the impact of an online educational program – STOPIPV – on the preparedness of Cypriot midwives for intimate partner violence in pregnancy: a pre-post study
	Session 3.2	<b>Dr Gwendolyn Patience MENSAH (69), Ghana</b> Perspectives of midwives and women in the nursing management of gestational diabetes
	Session 3.3	<b>Miss Dionne HENRY (73), Jamaica</b> Self-management education in women with GDM: scoping review of the global literature

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11:00 – 12:30 (continued)	<b>SESSION 4 (Saturn I): Showing the way in a global environment</b>	
	Session 4.1	<b>Ms Thobekile NCUBE (74) and Associate Professor Georgina COX, UK</b> The intricacies and complexities of global volunteering and global civic engagement
	Session 4.2	<b>Dr Ermira Tartari BONNICI (67), Malta</b> Learn Global, Act Global: AMR education for health professionals
	Session 4.3	<b>Professor Maria CASSAR (48), Malta</b> The pandemic's impact on nursing and midwifery workforces globally: an international comparative study
	<b>SESSION 5 (Saturn II): Showing the way in supporting nurses and midwives</b>	
	Session 5.1	<b>Ms Lori-Anne SHARP (22), Australia</b> The role unions can play in advocating for peer led services to meet psychosocial needs of nurses and midwives
	Session 5.2	<b>Mr Greg SHARPLIN (56), Australia</b> Developing a global dashboard prototype for monitoring occupational health and wellbeing risk
Session 5.3	<b>Mrs Nafiza ANWAR (78), Mrs Sundas KHALID, and Mrs Benash NAZMEEN, UK</b> Transforming maternity care: the role of the Association of South Asian Midwives in supporting South Asian women and midwives in the UK	
12:30 – 13:30	<b>LUNCH BREAK</b>	
<b>AFTERNOON PROGRAMME (Friday 27 September 2024)</b>		
13:30 – 15:00	<b>SESSION 6 (Cettina de Cesare 1): Showing the way in quality nursing and midwifery care</b>	
	Session 6.1	<b>Ms Ofrah MUFLAHI (41) and Dr Theresa PORRETT, UK</b> Gaza – through the humanitarian lens of health care workers and nurses
	Session 6.2	<b>Dr Daren CHIRCOP (37), Malta</b> Born Green Generation Project: delivering toxic free healthcare
	Session 6.3	<b>Mrs Josephina ABABIO (71) and Mrs Ivy JEHU-APPIAH, Ghana / UK</b> Ghana Nurses Association UK: bridging borders, building a healthier future
	<b>SESSION 7 (Cettina de Cesare 2): Showing the way in the use of digital technologies and social media</b>	
	Session 7.1	<b>Ms Elaine Formosa ATTARD (1), Malta</b> Enhancing family-centred care through digital health innovations in paediatric oncology
	Session 7.2	<b>Professor Marion ECKERT (57), Australia</b> Project Check Mate: nurses and mobile AI technology to improve skin cancer detection in regional South Australia
	Session 7.3	<b>Miss Joyce NTINYARIMBA (5), Kenya</b> Leveraging social media to bridge the information gap on NCDs
	<b>SESSION 8 (Cettina de Cesare 3): Showing the way in leadership</b>	
	Session 8.1	<b>Ms Rebecca JOHNSON (43), Bahamas</b> Determining effects of the LFC program, on leadership development of Bahamian nurses
	Session 8.2	<b>Dr Khaldoun ALDIABAT (79), Canada</b> Minority nursing faculty members in nursing education leadership positions: insights from personal and leader's perspectives
	Session 8.3	<b>Mr Abdrafu Alani ADENIJI (70), Nigeria</b> Leadership styles and job satisfaction assessment among nurses in Ogun state Nigeria

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13:30 – 15:00 (continued)	<b>SESSION 9 (Saturn I): Showing the way with innovative nursing and midwifery care</b>	
	Session 9.1	<b>Ms Fiona FARRUGIA (16), Malta</b> Patients' perceptions on sleep quality and sleep disruptive factors in an adult ICU
	Session 9.2	<b>Dr Augustine NDAIMANI (64), Ms Phillisters ARIKO WANYAMA, and Ms Catherine UWIMANA, Rwanda</b> Strengthening critical care health service delivery in a rural hospital in Rwanda
	Session 9.3	<b>Dr Corinne SCICLUNA WARD (46), Malta</b> A European direction for specialist nurses in wound care
	<b>SESSION 10 (Saturn II): Showing the way for an inclusive profession</b>	
	Session 10.1	<b>Dr Terry ROLLE (21), Bahamas</b> Examining the challenges and issues for LGBTQ students enrolled in a tertiary education institution in The Bahamas
	Session 10.2	<b>Mrs Christianah MORAKINYO (47), Nigeria</b> A systematic review of racism against overseas-trained nurses in the United Kingdom
Session 10.3	<b>Mr Rohit SAGOO (72), UK</b> Recognising faith-based nursing: bridging the healthcare gaps in communities	
15:00 – 15:30	<b>REFRESHMENT BREAK</b>	
15:30 – 17:00	<b>SESSION 11 (Cettina de Cesare 1): Showing the way in the use of digital technologies and social media</b>	
	Session 11.1	<b>Mrs Claudine BALZAN (19), Malta</b> Nurses' behaviours towards the implementation of Information Technology systems
	Session 11.2	<b>Dr Marcia GAFA' (51), Malta</b> A community of disconnected practice
	Session 11.3	<b>Mr Stephen Odhiambo OGWENO (4), Kenya</b> Enhancing health literacy across borders using cross-country m-health interventions in Sub-Saharan Africa
	<b>SESSION 12 (Cettina de Cesare 2): Showing the way with innovative nursing and midwifery care</b>	
	Session 12.1	<b>Mr Duncan BRIFFA (23) and Mr Clifford XUEREB, Malta</b> Updating an Early Warning System in an acute hospital: lessons learned
	Session 12.2	<b>Mrs Judith Naa Klorkor ASIAMAH (81) and Mrs Yvonne AGYARE, Ghana</b> Non-adherence to the surgical safety- checklist of theatre staff in the University of Ghana medical centre
	Session 12.3	<b>Ms Francesca MICALLEF (52), Ms Marisa GALEA VELLA, and Mr Noel BORG, Malta</b> Implementing a Hydration Promotion Strategy in Maltese Care Homes
	<b>SESSION 13 (Cettina de Cesare 3): Showing the way for an inclusive profession</b>	
	Session 13.1	<b>Dr Neville SCHEMBRI (18), Malta</b> Development of a model for personal, social and professional acculturation of Indian nurses in Malta
	Session 13.2	<b>Mr Bruno DANIEL (26), UK</b> RCN Cultural Ambassadors Programme: addressing the negative disproportionate impact of systems and processes on minority nursing staff
	Session 13.3	<b>Mrs Kelly MITCHELL (77) and Ms Felicia KWAKU, UK</b> Improving the transition of internationally educated nurses with a comprehensive adaptation programme

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15:30 – 17:00 (continued)	<b>SESSION 14 (Saturn I): Showing the way in quality nursing and midwifery education</b>	
	Session 14.1	<b>Mr Geoffrey AXIAK (14), Malta</b> Developing a specialised set of tools to assess nursing competence in Malta
	Session 14.2	<b>Dr Kithsiri EDIRISINGHE (24), Sri Lanka</b> Pioneering nursing education: innovative strategies at the Institution of Health Sciences, Sri Lanka
	Session 14.3	<b>Associate Professor Evridiki PAPASTAVROU and Dr Joanna MENIKOU (40), Cyprus</b> PROMoting a MORally COmpetent Nurse (PROMOCON) – on behalf of the PROMOCON Consortium
	<b>SESSION 15 (Saturn II): Showing the way in caring for older people</b>	
	Session 15.1	<b>Ms Elizabeth FORSEY (76), Ms Patricia ANNON, and Ms Leanne HOLLINGSWORTH, UK</b> Improving Healthcare Assistant new starters induction experience on Health and Ageing Unit
	Session 15.2	<b>Mr Reuben CASSAR (25), Malta</b> Dementia and the environment: why it is important to study the link
	Session 15.3	<b>Dr Emma HODGES (36), UK</b> Supporting practice across the Commonwealth to improve healthcare for people with dementia
17:00 – 18:30	<b>WELCOME RECEPTION</b> Mr Paul Pace President Malta Union of Nurses and Midwives	

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## Programme: Saturday 28 September 2024

08:00 – 09:00	<b>CONFERENCE REGISTRATION</b>	
09:00 – 09:30	<b>Conference Greetings</b> The Hon Clayton Bartolo, Minister for Tourism and Public Cleanliness	
09:30 – 10:30	<b>The Oral Health Project</b> Ms Christine Hancock; Ms Jill Iliffe; and Mr Craig Fitzpatrick	
10:30 – 11:00	<b>REFRESHMENT BREAK</b>	
<b>MORNING PROGRAMME (Saturday 28 September 2024)</b>		
11:00 – 12:30	<b>SESSION 16 (Cettina de Cesare 1): Showing the way in maternity care</b>	
	Session 16.1	<b>Ms Alison PERRY (15), UK</b> BIA: The Blood in Action project and women's health engagement
	Session 16.2	<b>Mrs Maria PANAGIOUTOU (42), Cyprus</b> Midwifery's Intangible Heritage (MIH) and sense of common professional identity: Cypriot midwives' perceptions
	<b>SESSION 17 (Cettina de Cesare 2): Showing the way in a global environment</b>	
	Session 17.1	<b>Mrs Tracey COLLINS (66), UK</b> Establishing a multi-organisational values-based International Recruitment Model
	Session 17.2	<b>Dr Corinne SCICLUNA WARD (44), Malta</b> Charting the course: advancements and obstacles in Maltese nursing
	Session 17.3	<b>Ms Marsha JONES (75), UK</b> Migration Matters: getting it right for internationally educated midwives in England
	<b>SESSION 18 (Cettina de Cesare 3): Showing the way in quality nursing and midwifery education</b>	
	Session 18.1	<b>Dr Maria Theresa (Tess) PANIZALES (31) and Ms Margaret RUDDY, USA / Canada</b> Empowering student nurse advocacy for Sustainable Development Goals
	Session 18.2	<b>Dr Sharon MARTINELLI (65) and Dr Michelle CAMILLERI, Malta</b> Writing as inquiry: an impactful technique for professional development of nursing students
	Session 18.3	<b>Dr Odette GRISCTI (35), Canada</b> Mindful based training and its impact on existential crisis: a pilot study
	<b>SESSION 19 (Saturn I): Showing the way using innovative partnerships</b>	
	Session 19.1	<b>Professor Marion ECKERT (20) and Mr Greg SHARPLIN, Australia</b> Beyond today: building the Australasian Nursing and Midwifery Clinical Trials Network (ANMCTN)
	Session 19.2	<b>Ms Sarah CILIA VINCENTI (27), Malta</b> Addressing public health inequities through research collaborations between campuses and communities
	Session 19.3	<b>Mr Oduor Kevin OTIENO (3) Kenya (presented by Mr Stephen Ogweno)</b> Harnessing social media for tackling trans-fats: advocacy efforts and implications for cardiovascular health

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11:00 – 12:30 (continued)	<b>SESSION 20 (Saturn II): Showing the way in research</b>	
	Session 20.1	<b>Ms Marisa GALEA VELLA (50), Malta</b> Embracing the role of Genomics in nursing: recommendations for local practice
	Session 20.2	<b>Ms Claire CARUANA (60), Malta</b> Supportive care needs of persons diagnosed with haematological malignancies: a scoping review
	Session 20.3	<b>Mr Abdrafiu Alani ADENIJI (58), Nigeria</b> Health insurance scheme and universal health care delivery in Ogun State, Nigeria: an evaluation
12:30 – 13:30	<b>LUNCH BREAK</b>	
<b>AFTERNOON PROGRAMME (Saturday 28 September 2024)</b>		
13:30 – 15:00	<b>SESSION 21 (Cettina de Cesare 1): Showing the way with innovative nursing and midwifery care</b>	
	Session 21.1	<b>Dr Corinne SCICLUNA WARD (45), Malta</b> Nurses' knowledge on pressure injury prevention in an acute hospital in Malta
	Session 21.2	<b>Mrs Makhotsa Merriam RALEHIKE (82), South Africa</b> Overcoming challenges: nurse practitioners in a clinic with no water access
	Session 21.3	<b>Dr Joanna MENIKOU and Associate Professor Evridiki PASTAVROU (39), Cyprus</b> The Development of the Hellenic Scientific Society for Health Literacy
	<b>SESSION 22 (Cettina de Cesare 2): Showing the way in health and wellbeing</b>	
	Session 22.1	<b>Mr Christos VRAKAS (53), Cyprus</b> Exploration of perinatal traumatic experiences on maternity care providers: preliminary results
	Session 22.2	<b>Mr Kevin GAFA' (34) and Mr Mario GALEA, Malta</b> The setting of the Recovery and Wellbeing Academy in Malta – our journey so far
	Session 22.3	<b>Mr Jeremy SAMMUT (2), Malta</b> The phenomenon of burnout amongst nurses from a hospital in Malta and possible coping strategies
	<b>SESSION 23 (Cettina de Cesare 3): Showing the way in quality nursing and midwifery care</b>	
	Session 23.1	<b>Mrs Alexandra Abela FIORENTINO (6) and Mrs Sylvana MIFSUD, Malta</b> Supporting the patient and family throughout the cancer journey
	Session 23.2	<b>Dr Paul CALLEJA (10), Malta</b> Amplifying the voices of informal carers: insights from admission to hospitalization
	Session 23.3	<b>Professor Roberta SAMMUT (80), Malta</b> Behavioural therapy for persons with diabetes who smoke: a scoping review

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15:00 – 15:30	<b>CLOSING KEYNOTE SPEAKER</b> Dr Deva-Marie BECK, Canada Nurses' Voices: Grassroots to Global
15:30 – 15:45	<b>CLOSE OF CONFERENCE</b> The Hon Malcolm Agius Galea Parliamentary Secretary for Health and Active Ageing
15:45 – 16:00	Voca Choir Malta

## MAJOR SPONSOR

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The Commonwealth Nurses and Midwives Federation and the Malta Union of Midwives and Nurses sincerely thank the Government of Malta for their generous support of the 6th Commonwealth Nurses and Midwives Conference and nurses and midwives from across the Commonwealth of Nations.



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### Poster Presentations: Friday 27 and Saturday 28 September 2024

SESSION 25 (Cettina de Cesare foyer)	
24.1	<b>Mr Oduor Kevin OTIENO (3) and Miss Rose NABWIRE, Kenya</b> Harnessing social media for tackling trans-fats: advocacy efforts and implications for cardiovascular health
24.2	<b>Mr Stephen Odhiambo OGWENO (4), Kenya</b> Improving Healthcare Assistant new starters induction experience on Health and Ageing Unit
24.3	<b>Mr Geoffrey AXIAK (13), Malta</b> Nutrition at the end of life
24.4	<b>Ms Alison PERRY (15), UK</b> BIA: The Blood in Action project and women's health engagement
24.5	<b>Dr Neville SCHEMBRI (18), Malta</b> Development of a model for personal, social and professional acculturation of Indian nurses in Malta
24.6	<b>Mr Bruno DANIEL (26), UK</b> RCN Cultural Ambassadors Programme: addressing the negative disproportionate impact of systems and processes on minority nursing staff
24.7	<b>Professor Meropi MPOUZIKA (29) and Professor Maria KARANIKOLA, Cyprus</b> The effect of CPR education on final-year Cypriot nursing students' skill retention
24.8	<b>Dr Emma HODGES (36), UK</b> Supporting practice across the Commonwealth to improve healthcare for people with dementia
24.9	<b>Ms Fredrica HANSON (38), Ghana</b> Factors influencing midwives' utilisation of birthing positions during labour in maternity homes in Ghana
24.10	<b>Professor Maria CASSAR (48), Malta</b> The pandemic's impact on nursing and midwifery workforces globally: an international comparative study
24.11	<b>Ms Francesca MICALLEF (52), Ms Marisa GALEA VELLA, and Mr Noel BORG, Malta</b> Implementing A Hydration Promotion Strategy in Maltese Care Homes
24.12	<b>Mr Christos VRAKAS (53), Cyprus</b> Exploration of perinatal traumatic experiences on maternity care providers: preliminary results
24.13	<b>Mrs Ioanna ELLINA (59), Cyprus</b> Nursing students' perceptions of their clinical environment as measured with the CLEI tool
24.14	<b>Dr Maria DIMITRIADOU (61), Cyprus</b> Co-OPERATOR project: building an innovative observatory for sharing best practices for vaccination promotion among European countries
24.15	<b>Dr Augustine NDAIMANI (64), Ms Phillisters ARIKO WANYAMA, and Ms Catherine UWIMANA, Rwanda</b> Strengthening critical care health service delivery in a rural hospital in Rwanda
24.16	<b>Mrs Tracey COLLINS (66), UK</b> Establishing a multi-organisational values-based International Recruitment Model
24.17	<b>Dr Gwendolyn MENSAH (69), Ghana</b> Perspectives of midwives and women in the nursing management of gestational diabetes
24.18	<b>Ms Thobekile NCUBE (74) and Associate Professor Georgina COX, UK</b> The intricacies and complexities of global volunteering and global civic engagement

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24.19	<b>Ms Marsha JONES (75), UK</b> Migration Matters: getting it right for internationally educated midwives in England
24.20	<b>Miss Elizabeth FORSEY (76), Miss Patricia ANNON, and Miss Leanne HOLLINGSWORTH, UK</b> Implementation of an induction pack for Healthcare Assistance (HCA) on Health and Ageing Unit (HAU)
24.21	<b>Mrs Nafiza ANWAR (78), Mrs Sundas KHALID, and Mrs Benash NAZMEEN, UK</b> Transforming maternity care: the role of the Association of South Asian Midwives in supporting South Asian women and midwives in the UK
24.22	<b>Professor Roberta SAMMUT (80), Malta</b> Behavioural therapy for persons with diabetes who smoke: a scoping review
24.23	<b>Mrs Judith Naa Klorkor ASIAMAH (81) and Mrs Yvonne AGYARE, Ghana</b> Non-adherence to the surgical safety-checklist of theatre staff in the University of Ghana medical centre
24.24	<b>Ms Dorcas GWATA (83), UK</b> Working with young girls who are highly exposed to youth violence and gang culture, an innovative mental health approach
24.25	<b>Mrs Josephina ABABIO (71) and Mrs Ivy JEHU-APPIAH, Ghana / UK</b> Ghana Nurses Association UK: bridging borders, building a healthier future



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